



THINK EQUAL

EMPOWERING CHANGE THROUGH EDUCATION

“If we are to teach real peace in this world...we shall have to begin with the children.”

– Mahatma Gandhi

VISION AND MISSION

Think Equal is a global initiative that calls for a system change in education, to end the discriminatory mindset and the cycle of violence across our world and ensure positive life outcomes for our children. Together with world experts Think Equal has designed a programme to teach social and emotional learning to early years (3-6-year-olds).

Think Equal's vision is a safe, free, equal, cohesive and sustainable world. We provide young people with a profound grounding in equality, empathy, peaceful conflict resolution, gender equality, self-esteem, critical thinking, environmental protection, inclusion, problem-solving, celebration of diversity, emotional literacy, self-regulation, collaboration, etc. We provide the concrete tools with which to build a strong foundation for individual and societal progress, making communities safer, healthier, more equal and just.

THE THINK EQUAL PROGRAMME

Think Equal has created 3 levels of tangible, replicable, scalable, easy to implement, step-by-step teacher guides for ages 3 to 6, each to be taught over 30 weeks, in collaboration with experts including Sir Ken Robinson, Professor Richard Davidson (Institute for Healthy Minds), Dr. Marc Brackett and Dr. Robin Stern (co-Directors of Yale Center for Emotional Intelligence), Dr. Urvashi Sahni (Brookings and Ashoka Fellow); Barbara Isaacs (Montessori UK); Vicky Colbert (Fundación Escuela Nueva) amongst others. Every level of the programme includes original narrative picture books, 90 lesson plans (3 x half-hour lessons per week), 50+ best practice resources and 5 hours of training.



IMPACT AND EVALUATION OF SEL AND THE THINK EQUAL PROGRAMME

An extensive body of research shows the following outcomes:

1. **Significantly better academic performance:** 11 percentile points higher than students who did not receive SEL instruction (Nobel laureate and economist James Heckman).
2. **Improved attitudes and behaviours:** greater motivation to learn, deeper commitment to school, increased time devoted to schoolwork, and better classroom behaviour.
3. **Fewer negative behaviours:** decreased disruptive class behaviour, non-compliance, aggression, delinquent acts, and disciplinary referrals.
4. **Lower social costs:** reduction in prison populations, medical costs and loss of earnings.
5. **Reduced emotional distress:** fewer reports of student depression, anxiety, stress, and social withdrawal.

UK FEEDBACK

- “Think Equal could not have come at a better time for our school. As our children enter nursery after lockdown, it is a time for compassion, kindness and reconnection. A time to build resilience and self-confidence. We want our children to develop a sense of belonging and empathy for others. Think Equal fits right in with our work and we are already noticing a shift towards more inclusivity in children's play”
- “I can see that Think Equal is something we will embed in our curriculum. It is easy to deliver, and the results are already speaking for themselves”
- “I absolutely adore the Think Equal programme, I think the children have taken really positively well to it and they always ask to do it in the afternoons”
- “Children have been so resilient, but these sessions will really help to build self-esteem and confidence. Sessions like Think Equal should be at the forefront of the curriculum”
- “You can see it everyday. In particular children who maybe struggled before to articulate themselves very well... talking about their emotions and why they might be feeling a certain way... I am really enjoying teaching it to the children.”



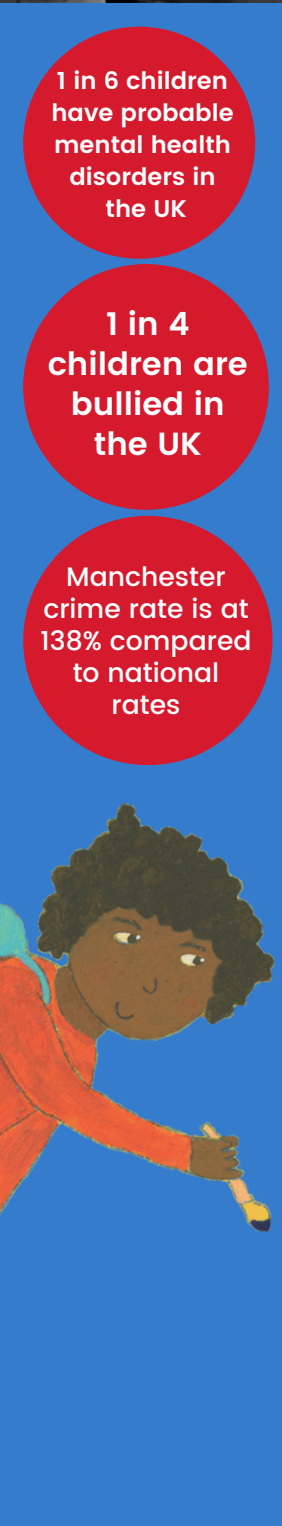
“Every once in a while, one comes across a non-profit leader and campaign that can actually change the world for the better and at a scale that is required in a generation. The vision, work and traction that Leslee Udwin and the Think Equal campaign is getting is one of those exceptional outliers that everyone everywhere should get behind.”

Will Kennedy, Partnerships Office, UN

Think Equal is a UK registered charity no 1174610, and a 501(c)3 in the USA



THINK EQUAL: MANCHESTER



1 in 6 children have probable mental health disorders in the UK

1 in 4 children are bullied in the UK

Manchester crime rate is at 138% compared to national rates

THINK EQUAL IN MANCHESTER:

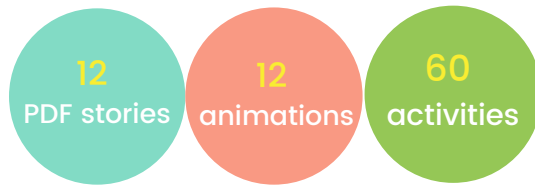
The Greater Manchester Combined Authority (GMCA) have requested us to rollout Think Equal to full saturation across Greater Manchester Reception Classes. GMCA's current school readiness programme includes a focus on developing a pathway to support social, emotional wellbeing and development for under 5s, and after studying Think Equal, both the School Readiness Project Manager and Director of Reform in GMCA see our programme as the tangible roadmap and toolkit through which to achieve these objectives, and for rollout in September.

This rollout has been fully funded by the GMCA School Readiness Programme and the NHS Mental Health in Education programme, to enable all reception classes in the Greater Manchester region to receive the Think Equal training and materials for our evidence based programme for social justice as well as mental health and wellbeing. Full saturation would mean Think Equal being taught in 1,300 classrooms, reaching approximately 26,000 children every school year. We have had 100% interest from all 10 Local Authorities within the Greater Manchester region in implementing the programme in their settings. The local Early Education Leads are particularly keen on the way their education strategy of 'School Readiness' directly aligns to Think Equal's pedagogical outcomes of 'Life Readiness' - providing the prosocial and healthy foundations for children across the region from when they enter education and beyond.

Furthermore, from the point of view of Equality, Diversity and Inclusion, 'levelling up' and the inequality gap, they understand that a lack of school readiness means a child is likely to fall behind and be negatively affected throughout the rest of their education journey. Think Equal insists that if a child lacks the social and emotional skills needed for positive life outcomes before the age of 6, this will affect not simply their educational experience but also the outcomes of success and wellbeing in their life beyond. Save the Children will be partnering with Think Equal to evaluate this project, bringing key monitoring and learning opportunities to this exciting and innovative project for all of Greater Manchester.

THINK EQUAL FOR FAMILIES: EQLICIOUS

EQlicious is an iteration of the classroom programme but has been designed for families to enjoy together, building social and emotional skills for wellbeing and a happy future. Each EQlicious kit costs £49 and includes:



EQlicious was created to enhance home learning, complement the school programme and to also critically engage caregivers in the child's social and emotional development. Each animation/ story has 5 x 10 minute activities for caregivers to complete with the children.

FOUNDER LESLEE UDWIN:

Leslee was voted by the NY Times the No 2 Most Impactful Woman of 2015 (second to Hillary Clinton) and has been awarded the prestigious Swedish Anna Lindh Human Rights Prize (previously won by Madeleine Albright). She has also been named Safe's Global Hero, Global Thinker by Foreign Policy, and has won the UN Women for Peace Activist Award and the UN Association Global Citizen Award in 2019.



"No one is born hating another person because of the color of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite."

- Nelson Mandela

